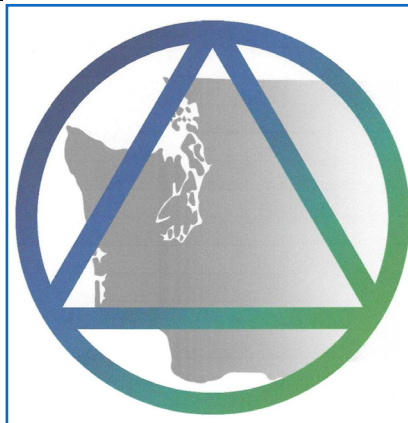




District 29 July 2026 ~Action Log~ Newsletter

Editor's Note: Happy July!!! And Summer. I hope you all had fun at the picnic. The Area Business Quarterly was being held on the same day, which is a bummer. Some of those members would of attended, they were missed. Everything about the 7th tradition is important. It is okay if you are new and don't understand all the aspects of AA yet, you will learn them if you stay long enough. Others know we help AA survive this way - the 7th tradition. Page 2. Thank you for letting me serve.



DEADLINE
FOR REPORTS,
EVENT
FLYERS,
ARTICLES
OR JUST ADD
ONS IS THE

4th of every month.

Email them to:

d29actionlog@pugetsoundaa.org

Tradition 7:

"Every AA group ought to be fully self-supporting, declining outside contributions. "

"The Action District"

In your report please add day of the week, time and full location address of your meeting, so we can share the message.

Reminder of Upcoming Events:

More Info on Page:

Jul 14th	District 29 Monthly Business Meeting	15
Jul 18th	Area 72 Accessibilities Quarterly Meeting	
Jul 18th	Area 72 Treatment Quarterly Meeting	21
Jul 24th	30 Year Anniversary of La Vina	
Jul 25th	Area 72 Tech and Web Quarterly Meeting	
Jul 25th	Young People's Quarterly Meeting (Hybrid)	
Aug 1st	Area 72 CPC Quarterly Meeting (Hybrid)	
Aug 1st	Area 72 Archives Quarterly Meeting Hybrid	
Aug 8th	Area 72 Public Information Quarterly Meeting	
Aug 8th	Pre-Assembly Seattle Central Districts	26
Aug 9th	Pre-Assembly Eastside Districts	
Aug 15th	Pre-Assembly Peninsula Districts	26
Aug 16th	Pre-Assembly Northern Districts <u>Hybrid</u>	26
Aug 23rd	Pre-Assembly <u>Virtual/Online</u> District	26
Aug 30th	Delegate Report Back	23

All event information can be found by going to **area72aa.org** go to Events then click on calendar date. Some information printed on above page #.

7TH TRADITION CONTRIBUTIONS

In keeping with AA's 7th Tradition of self-support, we accept contributions only from AA members.

***When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.**

DISTRICT 29:

Mailing Address:

Alcoholics Anonymous – District 29

PO Box 1439

Puyallup, WA 98371

*Make checks payable to Alcoholics Anonymous – District 29

AREA 72:

Mailing Address:

Western Washington Area 72

1901 Cornwall Avenue #745

Bellingham, WA 98225

*Make checks payable to Western Washington Area 72

Online contributions: <https://area72aa.org>

CENTRAL SERVICE OFFICE:

In person Contributions or Mailing Address:

Puget Sound AA

3640 S Cedar Street, Suite S

Tacoma, WA 98409

*Make checks payable to Puget Sound AA

Online contributions: www.pugetsoundaa.org/contribute

GENERAL SERVICE OFFICE:

7TH Tradition Contributions Mailing Address:

General Service Office

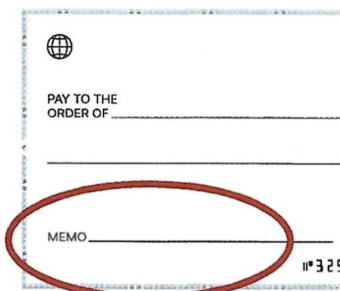
Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

*Make checks payable to the General Service Board

Online contributions: <https://contribution.aa.org>



A diagram of a check form. At the top left is a globe icon. Below it, the text "PAY TO THE ORDER OF" is followed by a horizontal line. Below that is another horizontal line. At the bottom left, the word "MEMO" is followed by a horizontal line. A red oval is drawn around the "MEMO" line. At the bottom right of the check, there is a small number "11325".

*Wondering how to
contribute?*

*What is a prudent
reserve?*

*How to pass a "virtual"
basket?*

**Check out the AA
pamphlet "Where
Money and
Spirituality Mix"**

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.

**MAKE SURE YOUR CONTRIBUTIONS
COUNT!
DON'T FORGET TO INCLUDE YOUR **GROUP
NUMBER** OR,
IF IT'S AN INDIVIDUAL CONTRIBUTION,
NOTE THAT YOU ARE
A MEMBER OF AA.**

DCM: Fred J	dcm29@area72aa.org
Alt: Amanda M	altdcm29@area72aa.org
Secretary: Sara M	dist29secretary@area72aa.org
Alt: Open	
Treasurer: Dan C	dist29treasurer@area72aa.org
Alt: Ryan W	
Accessibility: Ty S	dist29accessibility@area72aa.org
Alt: Open	
Archives: Deborah M	dist29archives@area72aa.org
Alt: Open	
Corrections: Open	dist29corrections@area72aa.org
Alt: Open	
CPC: Open	dist29cpc@area72aa.org
Alt: Open	
CSO Director 1: David D	d29csodir1@pugetsoundaa.org
CSO Director 2: Open	d29csodir2@pugetsoundaa.org
Grapevine/Lit: Cheryl A	dist29gvlit@area72aa.org
Alt: Open	
Newsletter: Grace C	d29actionlog@pugetsoundaa.org
Alt: Mary N	
PI: DeeDee	dist29pi@area72aa.org
Alt: George N	
Registrar: Brittany U	dist29registrar@area72aa.org
Third Legacy: Alana W	dist29thirdleg@area72aa.org
Alt: Carol J	
Treatment: Greg E	dist29treatment@area72aa.org
Alt: Jose Q	
12 Step: Jake F	
Facilities Liaison: Steve B	

Elected WW Area 72 Trusted Servants of Panel 75

DELEGATE:	Courtney S	delegate@area72aa.org
ALT DELEGATE:	Lupita YM	altdelegate@area72aa.org
CHAIRPERSON:	Derek S	chair@area72aa.org
ALT CHAIRPERSON:	Lisa S	altchair@area72aa.org
TREASURER:	Theresa P	treasurer@area72aa.org
ALT TREASURER:	Eddy MM	alttreasurer@area72aa.org

Above Ground.....	Gary S
	Alt. Emillie M
Back To Basics.....	Rex J
Eatonville	
Eatonville Women's..	Christina P
	Alt. Diana P
Elbe Friday Nighters	
FIR.....	Bruce K
	Alt. Kevin O
Firgrove.....	Laurie S
	Alt. Andy F
Graham Women's.....	Mary N
	Alt. Michelle L
Hang In There.....	Mike A
	Alt. Bob H
Keep It Simple Sumner...	Chris L
	Alt. Don S
Living Free.....	Ryan W
	Alt. Clint D
Loft.....	Sophia N
	Alt. Annie M
Meeker.....	Misty M
	Alt. Maria H
Ohop.....	Chelsea P
	Alt. Sierra S
On Track Again.....	Beatriz C
	Alt. Holly C
Orting Fireside.....	Joshua D
	Alt. Jill N
Orting Hole In The Donut...	Jill N
	Alt. Ethan W
Out to Lunch Bunch	
Puyallup Men's Stag.....	Shaun R
	Alt. Bret L
Puyallup Service Group..	Bryce J
	Alt. Jasmine P
Seeking Our Solution...	Rachel K
	Alt. Jeff J
Sober Sisters of Sumner....	Pam N
Solution Is The Journey....	John P
Trudging The Road.....	Jackie R
Trusted Servants.....	Janeah O
	Alt. Laura S
Women On Tapps.....	Tracie L
	Alt. Janice M

Trusted Servants Monthly Reports

DCM: Fred J

[Report on Page 6](#)

dcm29@area72aa.org

Alt: Amanda M

[Report on Page 6](#)

altdcm29@area72aa.org

Secretary: Sara M

dist29secretary@area72aa.org

Alt:

Treasurer: Dan C

dist29treasurer@area72aa.org

Alt: Ryan W

[Report on page 5](#)

Accessibility: Ty S

dist29accessibility@area72aa.org

Alt:

Archives: Deborah M

dist29archives@area72aa.org

Alt:

[Report on page 18](#)

Corrections:

dist29corrections@area72aa.org

Alt:

CPC:

dist29cpc@area72aa.org

Alt:

CSO Director 1: David D

d29csodir1@pugetsoundaa.org

CSO Director 2:

d29csodir2@pugetsoundaa.org

Grapevine/Lit: Cheryl A

dist29gvlit@area72aa.org

Alt:

PI: DeeDee B

[Report on page 17](#)

dist29pi@area72aa.org

Alt: George N

Registrar: Brittany U

dist29registrar@area72aa.org

Third Legacy: Alana W

dist29thirdleg@area72aa.org

Alt: Carol J

[Report on page 17](#)

Treatment: Greg E

dist29treatment@area72aa.org

Alt: Jose Q

Newsletter: Grace C

d29actionlog@pugetsoundaa.org

Hello to All in District 29,

I made a special edition just for the 2026 District 29 Family Picnic, it was fun to do that. I printed about 25 copies earlier and return to the actual July edition being delivered like usual at the monthly meeting on the July 14th. Thank you for joining us at the picnic. A lot of thought and planning goes into making this a fun and great day for everyone. This is my last edition, Mary N my Alt will take over in August. I have no doubt Mary N has will do a great job with her version of newsletter. I've been blessed with having this service position. This service position has helped me stay sober with thoughts and hope of providing info to help other alcoholics.

Thank you for allowing me to share and be of service, Grace C

Alt: Mary

Thank you all for the ongoing patience and support, Mary N.

12 Step: Jake F

Facilities Liaison: Steve B

[Report on page 17](#)

Responsibility Statement

**I am responsible, when anyone, anywhere reaches out for help,
I want the hand of AA always to be there, and for that:
I am responsible.**

District 29 Treasurer's Report June 2026

Groups	Donations											
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Above Ground	\$ 45.00	\$ 52.00	\$ 40.00	\$ 40.00	\$ 40.00	\$ 60.00						
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$ 40.00	\$ 40.00	\$ 40.00						
Eatonville Group	\$75.00					\$100.00						
Eatonville Womans Group												
Elbe Friday Nites												
FIR (Fellowship In Recovery)		\$700.00										
Firgrove Group		\$480.00				\$360.00						
Graham Womans Group		\$50.00										
Hang in There (HIT)					\$667.00							
Hole in the Donut			\$50.00									
Keep It Simple Sumner (KIS)												
Living Free												
Loft Group		\$366.00	\$33.00	\$33.00	\$33.00	\$33.00						
Meeker Fellowship					\$ 80.00							
OHOP Nuts and Bolts	\$176.70				\$199.70							
On Track Again												
Orting Fireside												
Out to Lunch Bunch					\$400.00							
Puyallup Men's Stage												
Puyallup Service Group												
Seeking Our Solution (SOS)												
Sober Sisters of Sumner	\$215.00											
Solution is the Journey												
Trusted Servants	\$ 100.00		\$100.00	\$50.00	\$100.00							
Women on Tapps			\$100.00			\$100.00						
District 29 7th Tradition	\$ 66.00	\$100.00	\$42.00	\$100.00	\$52.00	\$80.00						
Income Special Events												
corrections pink can												
Total income this month	\$ 717.70	\$1,788.00	\$405.00	\$263.00	\$1,611.70	\$773.00						
EXPENSES												
DCM												
Alt DCM			\$42.00			\$284.45						
Secretary												
Treasurer		\$15.60										
Newsletter					\$360.00							
Accessibility												
Archives	\$418.41	\$108.36		\$133.98	\$94.09							
Third Legacy												
Corrections												
C.P.C		\$51.80										
Pub. Info		\$50.48			\$45.41							
Registrar												
Treatment												
12 Step												
Facility Liason	\$ 36.42											
Annual Donation CSO 60%	\$ 6956.54											
Annual Donation WWA 30%		\$3,478.27										
Annual Donation GSO 10%	\$ 1159.42											
CSO Phones/zoom	\$ 76.03	\$76.03	\$ 76.03	\$ 76.03	\$ 76.03	\$ 76.03						
Meeting Room Rent	\$200.00	\$200.00	\$200.00	\$ 200.00	\$200.00	\$200.00						
Post Office Box				\$ 216.00								
Storage Rent	\$ 147.00	\$147.00	\$ 147.00	\$ 147.00	\$ 147.00	\$ 147.00						
Total expenses	\$ 8,993.82	\$ 4127.54	\$ 465.03	\$ 773.01	\$ 977.48	\$ 707.48						
NET Monthly Balance	\$ 8,276.12	\$ 2,389.54	\$ 60.03	\$ 510.01	\$ 634.22	\$ 65.52						
Beginning Bank Balance	\$28,696.23	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54	\$ 17,510.53	\$ 18,144.75						
Ending Bank Bal.	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54	\$ 17,510.53	\$ 18,144.75	\$ 17,022.27						
Operating balance	\$1,570.34	\$ 2,709.07	\$2,649.04	\$2,139.03	\$2,828.20	\$2,893.72						
PRUDENT RES. **	\$3,451.50	\$3,451.50	\$ 3,451.50	\$ 3,451.50	\$ 3,451.50	\$ 3,451.50						
Special Events Begin Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00						
Picnic Income												
Picnic expenses					\$54.95	\$188.00						
Picnic Balance	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00	\$ 1,865.05	\$ 1,677.05						
Gratitude Banquet Exp						\$1,000.00						
Gratitude Banquet Income												
Gratitude Banquet Balance	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 9,000.00						
Special Events End Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,865.05	\$ 10,677.05						

DISTRICT COMMITTEE MEMBER

DCM & Alt DCM REPORTS

DCM

Greetings from your District DCM,

Hope everyone has had a good start to the Summer. Hope everyone enjoyed the picnic Saturday July 11th. I was unable to attend I was at the Area 72 Business Quarterly it was over the same weekend. But my Alt DCM Amanda was there. And mentions everything went well. Thank you to all that helped and to the District 29 groups that donated for the Raffle.

We now have a schedule for our District 29 Delegate Report Back, page23. And before that GSR's and Alt GSRs mark your calendar for District 29 Pre-Assembly flyer is on page 20. Those wishing to book hotel room for the October 2026 Assembly need to call the casino at this point using code 1026 WWA72 and group passcode WWA72, the online link does not appear to be working.

In Service

Fred Johnstone
District 29 DCM
d29dcm@area72aa.org
(253) 229-7435

Please note our change in Zoom information, for District 29 Business meetings held every 2nd Tuesday of the month. All AA members are welcome to join us.

Zoom ID: 882 6118 3379
Passcode: 983646

Alt DCM

Hello to Everyone,

I'd like to thank all that helped with the District 29 picnic, as many hands make for light work! Group donated raffle baskets were amazing. I hope everyone had as much fun as I did.

Next we are holding Special Events planning meeting first Tuesday of the month 6:30pm, for the District 29 Gratitude Banquet, already scheduled for Nov 14th at Puyallup Elk's Lodge (Meeker Fellowship.) Next month's Action Log will have a flyer with more information. But before than come to planning meeting for this event (page 15.) Always looking for more people to be involved to make this a great event.

Amanda M
District 29 Alt DCM
altdcm29@area72aa.org

GROUP SERVICE REPRESENTATIVE GSR REPORTS

ABOVE GROUND*

The Above Ground Group has meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows to let in the natural light of day. Summer is upon us and what better way to spend an hour and a quarter than with good friends, hot coffee, and donuts? AC, coffee and treats are always available. The church provides us with an extra room that we use for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are held at:

**SUMNER FIRST CHRISTIAN CHURCH
432 WOOD AVE
SUMNER, WA 98390**

On the last Friday of the month, we provide the cake and celebrate the sobriety of our friends. In **JUNE** we celebrated with: **MEGAN R 1 MONTH, ALICIA 2 MONTHS, CHIP G 1 YEAR, ADAM D 1 YEAR, AL S 38 YEARS, BILL D 45 YEARS**

Thank you Ross for bringing the cake this month!

BACK TO BASICS*

Hello!

Back to Basics group meets every Tuesday 7:00 p.m. at Mountain View Lutheran Church 3505 122nd Ave E, Edgewood. In the white chapel basement. We have a home group speaker share every third Tuesday of the month. First 3 Tuesdays of the month are closed meetings. Birthday nights are open meeting on the last Tuesday and we have treats to share. We hope to see you there!

June 2026 Birthdays:

*Chris T - 3 months
Dee D - 33 years
Ron E - 37 years
Beth J - 40 years*

EATONVILLE

We are still here in the hills! Eatonville has 2 meetings a week, Wednesday at 12:00 noon and Saturday at 9:00 am. At **American Legion Hall**, 123 Rainier Ave N, Eatonville, WA 98328



EATONVILLE WOMEN'S*

**Tanwax Country Chapel
36417 Mountain Highway East
Eatonville, WA 98328**

We meet in the Education Building next to the church. Look for the room with AA sign hanging on the doorknob.

Hello from the Eatonville Women's Group! We are a new meeting where we explore and study the AA 12 Steps and Traditions, as well as diving into the Big Book for discussion topics to support our journey together. Join us on Saturdays at 10:00am - birthdays on the second Saturday and business on the last Saturday. Come check out this new space for women's recovery!

June Birthday Celebration: **Diana 4 years**

ELBE FRIDAY NIGHTERS

Greetings from greater virtual downtown Elbe! Our meetings are on Zoom only and we meet every Friday evening at 7:00 pm. Take a virtual trip up to the Mountain and visit us. We changed our Zoom account for the meeting as of March 6, 2026, there will be new credentials (listed here) or you can also find it at ElbeAA.org:

Congratulations to All Birthdays this Month. Join the Elbe Zoom meeting.
Meeting ID: 853 5480 6608
Passcode: 755075

FELLOWSHIP IN RECOVERY*

The **F.I.R.** Group is settled in this location at Light of the Hill, **United Methodist Church, 11304 136th St E, Puyallup, WA 98374** we have meetings at 7 pm on Tuesday evenings and 8 am Saturday mornings. Our Birthday meetings are the last Tuesdays of the month and we have both AA and AI anon speakers. Most meetings begin with a short reading from the Big Book, except on the first Tuesday of the month when we study Traditions in the 12 & 12. And the first Saturday is Step study also from 12 & 12. **Families In Recovery**- moved with us. Tuesdays also includes a concurrent meeting of **Families In Recovery** AI anon Family Group. Our meetings are open meetings. We look forward to seeing you!

June 2026 Birthdays for the F.I.R. group:

4 months Nate B
5 months Danielle
6 months Alyssa

6 months Ryan
6 months David S
10 months Lance W

1 year Ian H
3 years Sandi
38 years Al

Eatonville Women's Group
Every Saturday @ 10-11 am



**Tanwax Country Chapel
36417 Mountain Hwy East
Eatonville, WA**

~Join us this Summer~

We'll meet outside and enjoy the view of Mt. Rainier whenever possible! Just B.Y.O.C./B. (bring your own chair/blanket).

1st Saturday - Step study
2nd Saturday - Topic
3rd Saturday - Tradition study
4th Saturday - Topic



FIRGROVE*

Hello from the Firgrove Group,

I am pleased to say our meeting attendance is growing. We have a large meeting room and plenty of seating. Please come and join us Mondays and Fridays at 8:00 P.M. It's always nice to see new faces and familiar ones as well. A big thank you to the Third Legacy for being our Guest Speakers for Birthday night. It's always inspirational to see and hear people excited about service and what that has meant for their recovery!

Birthdays for June

Janet 1 month

Charlie 3 months

Tim 4 years

Mike 1 month

Joseph 5 months

Clint 4 years

Shannon 1 month

Ryan 9 months

Jessica 2 months

RJ 9 months

Corey 2 months

Mike 1 year

Michelle 2 months

Frank 4 years

As always, a big thank you to Laurie for another awesome Birthday cake and to everyone who helped to set up and cleanup. Many hands make light work. Looking forward to seeing you all at the District Picnic.

Grateful in Service, Tim T

Pilgrim Lutheran Church
10510 136th St E
Puyallup, WA 98374

Newcomers are always welcome. We meet Mondays (closed) meeting Alcoholics only 8pm-9pm
Fridays (open) meeting 8pm-9:15pm
Business meeting 3rd Monday of the month at 6:30pm. Followed with a Traditions meeting at 8pm-9pm
Birthday speaker meeting the last Friday of the month 8pm-9:30pm. With speaker, coins and cake.

GRAHAM WOMEN'S GROUP*

We welcome all women to join us and share their experience, strength and hope.

Graham Women's Group meets on Saturdays from 9am to 10:15am at:

Lutheran Church of St Paul

22419 108th Ave E

Graham WA 98338

We are a hybrid meeting:

Zoom ID: 428 9538 662

Password: 036816

Birthdays are celebrated the last Saturday of each month. We love celebrating recovery birthdays, please come join us.

June Birthdays: Jamie - 6 months, Susan - 8 months

Business meetings are held on the 1st Saturday each month immediately after our regular meeting.

HANG IN THERE*

Hang In There (HIT) Group Picnic Flyer on page 22

Report continued on next page

KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner Wednesday 7pm

Open meeting Wednesday 7 - 8pm. Birthday night is the last Wednesday of the month.

Our business meeting is the 2nd Wednesday of the month after the regular meeting.

HANG IN THERE*

Hang In There (HIT) Group Report June 2026

We welcome everyone to our group! This is a kid and dog friendly meeting.
Our meetings on Zoom are held **Monday – Saturday, 11 am-12:15 pm**
Meeting ID: 870 333 8446 (New zoom ID) Password: 201999
***We no longer provide verification letters of meeting attendance on Zoom.**

We meet **in-person Monday – Saturday, 11 am-12:15 pm**
At Christ Community Baptist Church – portable classroom #3
Address: 8016 176th St E, Puyallup, WA 98375
Meeting opens at 10:30 am for fellowship.

Upcoming Events:

July Business Meeting will be held on Friday, 07/31/26 immediately after our birthday meeting.
July Birthday Meeting will be held on Friday, 07/31/26 during our regular meeting hours. Join us for cake, ice cream and a speaker!

Hang In There Group Annual Picnic – Saturday August 29, 11:00 – 3:00

Frontier Park, Shelter #1 – Flyer on page21

Join us for a day of fun, food and fellowship! Hot dogs and hamburgers provided.
Please bring a side dish to share and BYOC (bring your own chair).

June Birthdays

2 mo. – Mike J.	6 mo. – Ali B.	2 yrs. – Dalwyn H.
Meri K.	Ryan H.	4 yrs. – Jan G.
3 mo. – Shannon W.	7 mo. – Bob H.	37 yrs. – Donna P.
Mary W.	9 mo. – RJ M.	41 yrs. – Stan L.

LIVING FREE*

The Living Free Group is located in Puyallup at the corner of 5th and Pioneer at the Presbyterian Church, 412 West Pioneer Avenue, every Sunday at 6:30 pm. This is an open meeting, and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6: 00 pm. Our Home Group speakers for the month of June was Fred, DCM, who shared his Experience, Strength and Hope with all who were there.

June Birthdays:

2 Month	Aldin
6 Years	Clint R
38 Years	Al

Hope to see all of you soon at Living Free!!!

Kevin C.

Open Meetings:

Daily Meetings: Noon 6pm & 8pm

Friday, Saturday at 10 pm and
Sunday- Thursday at 9:30pm
Saturday and Sunday at 9 am

In-Person Women's Meetings:

Wed & Sun ~ 6pm

In-Person Men's Meeting:

Sunday at 8pm

In-Person LGBTQ+ Meeting:

Sunday at 4pm

Zoom Women's Meetings:

Wed & Sun ~ 6pm

ID: 862 7295 5592

Password: 035163

Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

At the Loft we love to have fun! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chairpeople and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on July 16th at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

Happy June Birthday

Thank you to our Birthday Speakers:

Penelope, Jess H, and Jefferson W

Kim	24 hours	Carly N	6 months	Adam T	1 year
Hugo	24 hours	Jen	6 months	Deserae M	18 months
Ron	1 month	Arnaldo	6 months	Laura K	18 months
Darrell W	1 month	Jen	8 months	Sarah M	18 months
Steve	2 months	Sarah	8 months	Jen C	18 months
Angela	3 months	Karissa W	9 months	Jason	2 years
Jason	3 months	Michaeline P	10 months	Taylor	4 years
Teri N	3 months	Nichole	10 months	Jaque K	6 years
Alli	4 months	Erin P	11 months	Jasmine Ruegan	7 years
Adam	4 months	Georgia D	1 year	Sylvia B	13 years

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

MEEKER FELLOWSHIP*

June 2026 Birthday Celebrations:

1 month: Cris M 4 months: Heidi D
1 month: Jordan S 5 months: Jared A
2 months: Skye M 9 months: Jason B
3 months: Mark B 9 months: Tim U
3 months: Tianna M

Check the board at Meeker Fellowship for community meeting dates and get involved: Activities Committee meets usually every 2 weeks on Saturday at 2PM. Dates on the white board, come get involved.

Come present your ideas for sober fun activities.

- We have Meeker Fellowship t-shirts for sale \$20. Shirts are black and embroidered. See Maria or Luke to purchase a t-shirt.

** Saturday July 25th, 2026 **

Birthday Potluck Starts at 5pm,

Speaker Meeting at 6pm, Coin/Cake 7pm.

Sign up to bring a dish and get a coin on your sobriety birthday or help others celebrate sobriety and grab a great meal.

Meeker Fellowship
meets at

Puyallup Elks Lodge
314 27th St NE
Puyallup, WA 98372

Entrance door to the left,
Do not enter the main door.

Meeting times:

Mon-Sun 9am, 12pm, 5:30pm, *8pm
 Wed 6am *New meeting added*
 Sat & Sun 6am
 Sat 9am Women's meeting
 Sun 9am Men's meeting

- » ** The 8pm meetings would love and needs*
- » *your support and fellowship.*
- » *Please come join us if you can.*

*** Meeker Annual Campout is scheduled
for August 7, 8, & 9 Camp Lakeview
Flyer is on page 25**

Women's Camp Out in Naches
July 24th & 25th See Patty for details.

*Halloween Potluck and Dance 10-31-26 More information to come.

*New Year's Eve Potluck & Dance 12-31-2026 Puyallup Elks Lodge Later will be more info.

OHOP NUTS AND BOLTS*

Ohop Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387. We meet 7 days a week at 7pm. Monday is book study night. On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only). With Open (all welcome) on Thursday, Saturday and Sundays.

Our business meeting is on Saturday *after* the second Tuesday each month at 5pm. Our birthday night is the last Saturday each month at 7pm. We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.

Ohop June Birthdays:

Mike H - 1 month, Timothy - 1 month, Ali B - 6 months, Ryan H - 6 months, Bill - 10 months, David - 1 year, Kristen - 3 years, Joey - 7 years, Tracy - 18 years

ON TRACK AGAIN*

****WE HAVE MOVED****

Our group meets at Elbe Church Annex, 54206 Mountain Highway East, Elbe, WA 98330. This is the small building located east of the Elbe Church. We meet every Wednesday night at 6:00 pm for an open, discussion meeting. Our business meeting is held once a month, on the last Wednesday of the month, following the regular meeting. We welcome all to check out our new location. Join us as we share our experiences, strength, and hope.

June Birthdays: Jack 3 months, Beatriz 12 years, Susan C 37 years

ORTING FIRESIDE*

Greetings from Orting Fireside Group!

One day at a Time!

Our meetings are on Mondays and Thursdays 6:30-7:30 pm. We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360. We celebrate sobriety birthdays on the last Thursday of the month at 6:30 pm. Join us for pie, hot coffee, coins and a speaker. Thanks to Steve our June speaker, for sharing your story.

Celebrating June Birthdays: Blair R...9 months, Tim U...9 months, Stan Lea...41 years

ORTING HOLE IN THE DONUT*

We welcome you to come visit Orting Hole In the Donut! We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360 on Sundays at 11:00 am. We have a Big Book Study on the 1st Sunday each month. We celebrate birthdays on the last Sunday of the month. We always have hot coffee, coins and fresh donuts. We hold our business meeting the 3rd Sunday of the month right after our meeting. In **June** congratulations to: **Travis H.....1 month, Joyce PG5 months**

Bob H.....7 months, Tam B.....4 years, Stan Lea.....41 years, Michael K

Happy Birthday to our Friends! Come check out the small town of Orting with a Big view.

OUT TO LUNCH BUNCH*

Out to Lunch Bunch is the winner of the first ever 'Most Interest' Award at District 29 Gratitude Banquet 2025

The Out to Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet each Tuesday, Thursday, and Saturday at noon. Our Tuesday meeting is a book study. We just started reading the Big Boo *Alcoholics Anonymous*. My opinion, we have had unusually nice June and have been able to take advantage of the AC. *The church has provided us with an extra room that is good for private one-on-one talks.* We are located at:

Sumner First Christian Church, 432 Wood Ave, Sumner, WA 98390

The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of treat. All we ask of you is to bring your experience, strength, and hope.

In June we celebrated with: Peggy D 5 month, Chip G 1 years, Miguel D 3 years, John B 7 years ...and a roomful of people with another 24 hours. Thank you Sheri and Chip for bringing a wonderful cake. We are anxiously awaiting the District 29 July 11th picnic and have a raffle prize that may bring home the group award plaque!

PUYALLUP SERVICE GROUP*

Our June Birthdays:

*Zack - 1 month
Joseph - 5 months
RJ - 9 months
Mike - 1 year
Donnie - 4 years
Al - 38 years
Congratulation!*

*Hello we are Puyallup Service Group
We meet Wednesday and Saturdays at 8-9pm.
Our business meeting is the 3rd Saturday of every month.
Our birthday night is the last Saturday of every month.
Our phone commitment is the 4th Friday of every month
at the CSO from 6-9pm, all are welcome to join.*

*We meet at Celebration Lutheran Church
2500 Shaw Road East
Puyallup, WA 98371*

PUYALLUP MEN'S STAG*

Puyallup Men's Stag meets every Thursday at Peace Lutheran Church 7:00 PM 214 Pioneer Wy E, Puyallup, WA 98372. We look forward to seeing everyone for another evening of fellowship, recovery, and support.

A few monthly reminders:

- Phone Commitment: The last Tuesday of each month at the CSO location. If you are interested in participating or would like more information, please see Dick, Sean, or John.
- Birthday, Potluck & Speaker meeting: The last Thursday of each month. The potluck begins at 6:30 PM, birthdays are celebrated at 7:00 PM, followed by our guest speaker.
- Treatment Center Commitment: See John or Brett for times and locations.

We would also like to recognize the following June 2026 sobriety milestones, which represent meaningful achievements and inspiration to others:

Mike, Camron, and Tim 30 Days.

Doug - 3 Years, Mike - 1 Year, Corey - 2 Months, Scotty B - 11 Months, Andy - 11 Months, John - 7 Months, Jullian - 7 Months, RJ - 9 Months, David - 11 Months, Clint - 6 years, Carlos 17 years

A special thank you to our guest speaker Tim for sharing his experience, strength, and hope with us. Your willingness to share makes a difference and helps keep the message alive.

We hope to see you Thursday night!

SEEKING OUR SOLUTION*

Seeking Our Solutions (SOS) meets every Saturday at 8:00 AM at the First Presbyterian Church of Puyallup ([412 W Pioneer Ave](#)). One block from the Puyallup Farmer's Market!

This is an open meeting, and families with children are welcome. On the second Saturday of each month, we read from The Grapevine. On the last Saturday of each month, we host a breakfast potluck to celebrate recovery milestones. Bring a dish and come hungry!

Our business meetings happen quarterly on the third Saturday. The next one will be on July 18th. Homegroup membership are encouraged to attend.

See you at the District Picnic on the 11th!!!

SOBER SISTERS OF SUMNER*

S.S.S is an open women's meeting that is child friendly.

We meet every Wednesday from 12:30-pm to 1:30pm.

We have been there so we'll be here for you. Let's grow

together. We are a fun group and understand the seriousness of getting and staying sober.

Celebrating Birthdays for June 2026: Michelle 5 months, Linda R 10 months, Pam N 1 year, Tyra 1 year, Phyllis 2 years, Bernie 32 years, Marjean 50 years

Our business meetings are on the 3rd Wednesday of the month, right after regular meeting. We celebrate sober birthday on the last Wednesday of the month with coins, sweets, and lots of joy. We welcome all.

Sumner First Christian Church
432 Wood Ave
Sumner, WA 98390

SOLUTION IS THE JOURNEY

We are going strong and open 5 days a week Monday thru Friday from 12 to 1.

We celebrate birthdays on the last Friday of the month. And our business meeting is held on the second Tuesday following the regular meeting. We meet at:

Graham Church of Christ 9524 224th Street East, Graham, WA 98338

TRUDGING THE ROAD

First Presbyterian Church
412 W Pioneer Ave.
Puyallup, WA 98371

Every Thursday at 6 pm.

This meeting has concurrent AA, Ala-anon and Ala-teen meetings, the whole family can have a meeting.

TRUSTED SERVANTS*

Hello from Trusted Servants!

Come one come all, please come join us each Monday at 7PM at Faith Covenant Church, 1915 Washington St, Sumner. Whether you're new or have been around awhile, we'd love to see you there! Trusted Servants is a place for anyone seeking sobriety, connection and support. Come be a part of our community and consider making Trusted Servants your home group.

On the last Monday of each month, we celebrate AA birthdays with "the BEST potluck in the world!" The potluck starts at 615PM, followed by Birthday chips and an open meeting at 7PM.

June Birthdays!

- 7 Months - Dawn
- 3 Years - Steve

Happy Birthday to all who celebrated, we love sharing that time with you, and hope everyone hears something that makes you want to come see us again! On Monday nights, the door is always open and the coffee is always on.

WOMEN ON TAPPS*

Winner of the Group Award at the 2026 District 29 Picnic for best Decorated Basket

Lake Tapps Community Church
17017 Forest Canyon Road East
Lake Tapps, WA 98391

Our group's rotating schedule is:

- **1st Monday of the month is Big Book study**
- **2nd Monday is Step study**
- **3rd Monday is Tradition 12 & 12 study**
- **Last Monday is Birthday/speaker meeting**

WOT is an open Women's meeting on Monday nights 7 pm to 8:15 pm.

We have an attended child area, for

mothers that need a meeting. We enjoy the increasing number women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other. We were still celebrating the end of 3 day weekend on our usual Monday meeting. The speaker this month was Susan, the last homegroup before her work hours changed was Sober Sisters of Sumner. Thank you for sharing your experience, strength and hope with us. You made us feel there is common ground.

Happy Birthday Celebrations for June 2026:

Louise R 8 months, Pam N 1 year, Bernie 32 years

GSR EVENTS

GSRs: If you don't have an Alt, now is a great time and bring them to all events. This helps them prepare for their upcoming rotation. Next up, Delegate Courtney S returns from NY, attend a "Delegate Report Back" to find out the outcome.

**All District meetings are the
Second Tuesday of every month
Next two Aug 11th & Sept 8th**

**In Person at:
Sumner First Christian Church
432 Wood Ave, Sumner, WA 98390
Or:
Zoom ID: 882 6118 3379
Passcode: 983646**

Scheduled Committee Meetings:
(only the District meeting is on Zoom)

**2nd Tuesday Jul 14th at 6:30 pm
*District 29 Monthly Meeting and on Zoom***

**3rd Tuesday Jul 21st at 6:30 pm
*District 29 Treatment Committee***

**4th Tuesday Jul 28th at 5:30 pm
*District 29 PI meeting***

**1st Tuesday Aug 4th at 6:30 pm
*Event planning meeting - Banquet***

**2nd Tuesday Aug 11th at 6:30 pm
*District 29 Monthly meeting & on Zoom***

Delegate Report Backs are scheduled in all regions of our Area 72. Many are on Zoom. Page 23 list D29's on August 30th, please attend one, then report to your group, the results our Area 72 Delegate Courtney S brought back for us.

GSRs - Pre-Assemblies are making there way on to our calendars. This year attend District 29's info on page 20. An afternoon of fellowship, bring some food (potluck) to share, and learn what will be happening when you attend the Assembly in October.

Planning for Assembly - registration form will be provided at the district meeting. This is for your group to start discussing saving for your trip. When ready you can register online Area72aa.org go to Events, then to October 2nd, and Area 72 Assembly. As previously mentioned you'll need to call hotel directly to receive the event discount.

At this Assembly you will have fun voting for the new 6 members that will be in Service positions for the next 2 years starting in January 2027.

GSR Preamble

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.

We realize the ultimate authority is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

GSRs or District members invite a group member to visit a District meeting. Trusted Servants are needed, this is a current list of open positions. Trusted Servants will be encouraged to attend the monthly District 29 meeting, submit a monthly report to the Action Log newsletter, and attend Committee Quarterlies. If any of these positions interest you, or you would like to know more please contact DCM Fred J via email dcm29@area72aa.org or (253) 229-7435. **Blue lettering** means only Alternate is needed.

Secretary Alt: The Secretary is responsible for maintaining a record of District business and activities for the GSRs and other committee members.

Corrections Chair And Alt: This position consists of any project reaching out to the alcoholics in prison, jail or other correctional facilities, writing alcoholics in prison, or helping the AA who is being released from prison to get to a meeting on the outside. Attends the Corrections Committee meeting, the District 29 monthly business meeting and the Correction Quarterlies.

CSO Director 2: District 29 has two representatives at the Central Service Office serving on the board of directors. The two members are required to attend the monthly meeting of the CSO Committee and the monthly District 29 meetings. Works with other Reps from Districts 43, 44, 45, 54, 9 and other committees.

Archives Chair Alt: Archivist is responsible for maintaining records of all the districts business, motions, activities changes that have been handed down since the district started. The Archivist also assists members needing to research something in our history. And attends the Archives Quarterlies to learn how to preserve our history. Archivist can take a traveling display to groups, group or district functions as invited. They may create a committee to assist in organizing and preserving the records.

Grapevine / Literature Chair Alt: The A Grapevine and Literature representative helps groups and GSRs with subscriptions/information on the AA Grapevine. Also keeps the groups up-to-date on new or featured materials published by the AA Grapevine and AA World Services. Attends District 29 monthly business meetings and Grapevine Literature Quarterlies.

Cooperation with Professional Community (CPC) Chair and Alt: Seeks to explain what AA is and is not to professionals who may encounter alcoholics. Typically, CPC carries information to doctors, nurses, dentists, clergy, lawyers, treatment facility counselors, police, judges, corporate employee assistance professionals, business managers and Union leaders. Attends District 29 business meeting and CPC Quarterlies.

Facilities Liaison Alt: Responsible for setting up for monthly District 29 Business meeting as well as putting away when meeting ends. Makes coffee and is the Liaison between the facility and the District group.

Accessibilities Alt: Provides AA message to those who would otherwise not have access. Attends monthly District 29 Business meetings, Accessibility Committee meeting and Accessibility Quarterlies.

12 Step Service Committee (TSSC) Alt: (This is a Sub-Committee of the CSO in Pierce County): And maintains 12 Step lists, coordinates home answering service, CSO phone volunteers and 12 step work/commitments. Attends TSSC/ 12 step meetings and District 29 monthly Business meetings.

Please reach out if you'd like to be of service at the District level by contacting:
DCM Fred J dcm29@area72aa.org or (253) 229-7435

June 2026 District 29 Third Legacy Report

Hello District 29,

Third Legacy would like to come to your business, birthday or regular meeting. Let us share with you our experience, strength, and hope. Our discussion will be of the AA service structure, AA service work, and a little bit about our journey to service.

District 29 Third Legacy was invited to share at the Firgrove Group on June 26th. I was working, my Alt Carol lead the presentation. The ones that were able to attend say it was enlightening and an honor to share with this group. Our Third Legacy presentation would like to schedule your group next please contact us at dist29thirdleg@area72aa.org. And thank you so much to everyone who attend the Firgrove's Third Legacy.

In Service,

Alana W and Carol J

Third Legacy Chair and Alt Chair

June 2026 District 29 Public Information (PI) Report

Hello to All,

PI (Public Information) meeting is on the 4th Tuesday of every month at the First Christian Church, 432 Wood Ave, Sumner at 5:30 pm. Please send a member from your group to this meeting to collect information about what D29 PI has been accomplishing and how your group can help carry the message. Individuals are welcome to join also. PI will start scheduling panels when the new school year starts for local High Schools. If you want to be part of another amazing group of volunteers panel contact us. We will also have a information table at the Puyallup Fair grounds again this year. Volunteers are needed to man the booth. First you will need to take a class on "How to speak to the Public about AA". Page 22 These are the dates of the classes, all held at CSO 3640 S Cedar St S, Tacoma, WA 98409 or on Zoom Meeting ID: 997 652 2235 Passcode: 534332 Dates: 7/28 6pm-7:30, 8/3 6pm-7:30 Please attend a class and help us by volunteering at the Puyallup Fair AA booth. Once you take a class it is good for 2 years. Come join us and find out how we carry the message.

In Service,

DeeDee PI Chair - dist29pi@area72aa.org

Alt. PI George N (253)377-0453

June 2026 District 29 Facilities Liaison Report

Hello to Everyone,

Description of this Service Position - Facilities Liaison: Responsible for setting up for monthly District 29 Business Meetings as well as putting away when meeting ends. Makes coffee and is the Liaison between the Facilities and the District group. This position is a Key holder and delivers rent.

If you haven't noticed, the church has installed a prayer/meditation garden outside our business meeting entrance door. It is a wonderful place to talk to your Higher Power or simply listen. All are welcome and encouraged to attend our various district committee meetings held on Tuesdays throughout the month. Check the Action Log page 15 for the one you would like to attend, or better yet, come to them all to take the information back to your group and get involved in district activities.

Grateful,

Steve B

District 29 Facilities Liaison

June 2026 District 29 Archivist Report

Hello Everyone,

We have added our new folding shelves and convertible dolly to our District 29 Archives/Activities storage unit. Getting it ready for the next 2027 rotation Archive rotation. If you are interested in Archive positions, please dist29archives@area72aa.org . With 5 months left in this rotation, you could be an Alt Chair Chair Archivist. Our next Archive Quarterly will be in Renton August 1st, 2026.

September 10-13 2026, we will be attending the Area 72 Archives sponsoring the 28th National AA Archives Workshop see page 21, in Tacoma, WA. A great local opportunity this is for anyone interested in AA history or AA Archives.

Thanks in Service,

Deborah M

District 29 Archives Chair

dist29archives@area72aa.org



June 2026 Letter from GSO in NY

Alcoholics Anonymous®

www.aa.org

Alcoholics Anonymous World Services, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

To: GSRs, DCMs, Trustees, Non-trustee Directors, Area Officers & Committee Chairs, Delegates, Appointed Committee Members, Intergroups and Central Offices, Group Contacts, GSO and Grapevine Employees

Date: June 18

A Message to the Fellowship about the Everything AA App

Dear A.A. Friends:

Alcoholics Anonymous World Services (AAWS) recently acquired the [Everything AA](#) app. This represents an exciting opportunity to make A.A. literature and other resources available in a format that reflects how people communicate and seek information today, particularly members and still-suffering alcoholics who increasingly engage with A.A. digitally.

We would like to express sincere gratitude to the app's creator, Ben S., for the vision, service, and loving care that helped grow the app over the years. We are especially grateful for his willingness to work collaboratively with AAWS during this transition in the spirit of service to the Fellowship.

As AAWS and the General Service Office continue to review and develop the app, members will notice phased changes to content and features, along with the addition of new resources. Material existing on the app at the time of purchase is being reviewed to ensure that the app serves as a trusted source for AAWS literature and resources published and distributed through AAWS and is consistent with A.A.'s Twelve Traditions and existing AAWS and GSO policies and practices.

Members will notice opportunities to subscribe to support the app and its ongoing development. Subscriber support may help fund app maintenance, accessibility, digital resources, Conference-approved content, and services provided through the General Service Office and General Service Board.

We appreciate the Fellowship's patience and understanding during this transition and are grateful for the many ways members support carrying the message into the future.

Alcoholics Anonymous World Services



Together

WE STAY SOBER.

PREASSEMBLY

UNITING IN SERVICE TO CARRY THE MESSAGE

ONE DAY
AT A TIME

Be Honest
Be Open
Be Willing
Be Helpful ♥

SERVICE
WORKS

KEEP IT
SIMPLE

CARRY THE MESSAGE
TO THE STILL SUFFERING

THE AA
SERVICE MANUAL

TWELVE STEPS
TWELVE TRADITIONS



SUNDAY
AUGUST 2, 2026



1:30 – 6:00 PM



GOOD SHEPHERD
LUTHERAN CHURCH
140 E. 56th St
Tacoma, WA



HOSTED BY
DISTRICTS
9, 29, 43, 44, 45, 54



PLEASE BRING
A SNACK
to share! ♥



UNITY
We are stronger
together.



SERVICE
We give back
what was
freely given.



RECOVERY
Our common
welfare should
come first;
personal recovery
depends upon
AA unity.
— Tradition One

EVERY GROUP,
EVERY MEMBER,
EVERY SERVICE ROLE
MATTERS.

Thank you for
your service! ♥



WE SHOW UP



WE WORK
TOGETHER



WE MAKE A
DIFFERENCE



WE CARRY
THE MESSAGE

TOGETHER WE CAN DO WHAT WE COULD NEVER DO ALONE.

AA – THERE IS A SOLUTION.

Eastside AA

Service Fair & Barbecue

Staying Sober through Service
(Helping Your Group Run AA)



Service 101. Learn about the AA "service structure" (how AA runs), examples from others who serve or have served, and current opportunities on the Eastside.

Hosted by Districts 35 and District 36

This is open to everyone interested in how AA runs, even those not currently interested in a position.

Opportunities are provided for fellowship and one-on-one Q&A

When: Saturday, July 18 • 10 am to 1 pm

Barbecue lunch provided! (Hamburgers, hot dogs, etc.)

Where: Eastside Fire & Rescue, 175 Newport Way NW, Issaquah

• Volunteers needed for setup, parking assistance, coffee, etc.

• Questions & to volunteer: dist36thirdleg@area72aa.org

It's Time to PICNIC like it's 2026 – District 54 Style!!

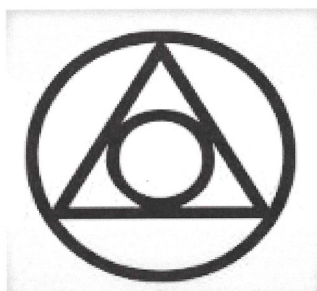
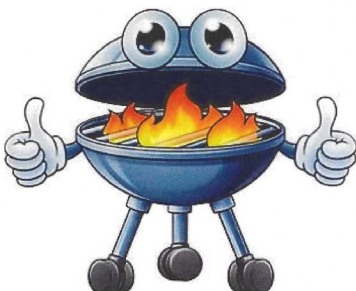
August 29th, 2026, Noon-3:00

JOIN US!

Mud Mountain Dam Park – Chinook Shelter (on the right – same as last year)

Burgers, Dogs and Water provided, please bring a side or dessert!

Bring the whole family for games, food, 50-50 Raffle and Fellowship. Be there!!



D45 SUMMER PICNIC At Wapato Park

6500 S SHERIDAN AVE, TACOMA, WA 90408

FOOD - GAMES - FUN - FELLOWSHIP

11AM - AA MEETING 12PM - BBQ & POTLUCK 1PM - 4 TH ANNUAL CORNHOLE TOURNAMENT 2PM - BASKET RAFFLE & 50/50 DRAWING KIDS GAMES & MORE	• BRING YOUR OWN CHAIR • POTLUCK: SIDES & DESSERTS • BURGERS, DOGS & COFFEE PROVIDED • BEVERAGES AT A COST
---	---

SATURDAY 25 JULY 2026 | **MAIN SHELTER 11AM - 3PM**

CONTACT: MARY W (253)992-1377

RICHMOND BEACH PICNIC

JOIN US FOR FELLOWSHIP, FUN & GRATITUDE

DISTRICT 42

ALL A.A. MEMBERS, FAMILIES & FRIENDS
All Are Welcome!

SEPTEMBER 12TH | **11 AM - 5 PM**

RICHMOND BEACH SALTWATER PARK
2021 NW 190TH ST SHORELINE

 LOWER SHELTER "ON THE BEACH"	 BURGERS DOGS <i>Grill provided</i>	 DRINKS PROVIDED	 BRING A SIDE, SOMEONE NEW!
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ONE DAY AT A TIME. TOGETHER WE CAN.

GRATEFUL ★ HUMBLE ★ WILLING

FREEDOM FROM ANY ACTIVE ADDICTION

Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER
120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, B.C.
Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH
Trenton H. - Glendale, CA Christina G. - Brecksville, OH
Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA
Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA
Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change
www.nwwoodstockofaa.org



EASY ONLINE REGISTRATION

Hang In There Group Annual Picnic

Simple joys, shared together.



Saturday August 29, 2026



11:00 am - 3:00 pm



Frontier Park Shelter #1
21714 Meridian E
Graham WA 98338



Join us for a day of
fun, food and fellowship!

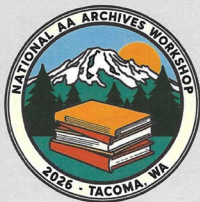
Hot dogs and Hamburgers provided!

Please bring a side dish to share!

BYOC - Bring your own chair!

The 28th National AA Archives Workshop September 10th - 13th, 2026

"Archiving our past to safeguard our future."



Tacoma, Washington - Area 72
Washington State History Museum
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on
workshops, archives presentations, and
speakers. Visit the Area 72 Repository.
Hospitality room with coffee and snacks.

For local hotel information and to register online
visit area72aa.org/NAAAW2026

REGISTRATION



Name: _____
Name on Badge: _____
Email: _____
Address: _____
Phone: _____ Area: _____
Service Position: _____
Special Requests: _____

Registration \$70 _____
Dessert (Fri) \$20 _____
Banquet (Sat) \$65 _____
Repository Visit &
Museum (Thur) \$28 _____
Total Enclosed _____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.
naaaw2026chair@gmail.com

This event will be interpreted for Keynote speakers on Thursday, Friday,
and Saturday nights.

AREA 72 Treatment JULY, 2026 QUARTERLY

JULY
SATURDAY | **18** | 10:00 - 1:00PM
2026

Greater Seattle Intergroup
5507 6th Ave S
Seattle, WA 98108

Hybrid
ID: 812 5591 9512 No Password
Info: www.treatment@area72aa.org
We will observe the 7th Tradition
POT LUCK EVENT

Step 7 Humbly asked Him to remove our shortcomings.

Tradition 7 Every AA group ought to be fully self-supporting, declining outside contributions.

Concept 7 The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the AA purse for final effectiveness.

Principle 7 Humility

WE'RE RECRUITING VOLUNTEERS



HELP AA EXPAND ITS REACH AT THIS YEAR'S WASHINGTON STATE FAIR

Speaking at Non-AA Events Training is required to volunteer at the fair. Attend 1 of the upcoming "how-to" sessions hosted by the PI Committee:



Tuesday July 28th 6-7:30 PM



Sunday August 16th 1-2:30 PM



Tuesday August 25th 6-7:30 PM

- Learn how to represent AA at Non-AA events
- Help spread the message of AA to the public
- Learn more about volunteer opportunities September 4-7 at the fair

**ALL TRAININGS WILL TAKE PLACE AT
C.S.O. PUGET SOUND AA
3640 S CEDAR ST S, TACOMA**





PUGET SOUND CSO

ANNUAL AWARENESS DINNER

Tickets \$25

Saturday September 19th
University Place Presbyterian Church

Ticket Price Includes Event, Dinner
and One Entry for Door Prize Drawing!

DINNER BUFFET - DESSERT SILENT AUCTION SPEAKERS - 50/50 RAFFLE - DOOR PRIZE

Dinner Buffet	Gift Basket Raffle	Dessert Auction	Door Prize!
			

Tickets on Sale at the Puget Sound CSO

3640 South Cedar Street Ste S, Tacoma, WA 98409

And From Our Members in the Community

For more info or to volunteer for the event contact
Randy M (253) 278-9842 or Jeffrey R (253) 754-7617

When

Saturday September 19th
Doors open at 5:00 PM
Dinner at 6:00 PM
Speakers at 7:00 PM

Where

University Place
Presbyterian Church
8101 27th St. W.
University Place, WA



AREA 72

CPC IN ACTION

INTERACTIVE 2026 WORK SHOPS

Free Coloring Book!

D18 & D35 JUN 06

Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,
ISSAQUAH

D3 & D12 JUN 20

18th & Baker
2:00p to 6:00p
1731 Baker Ave,
EVERETT

D7 JUL 19

Details Soon
VANCOUVER

D55 AUG 08

Sequim Valley
Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy
SEQUIM

D31 SEP 12

Grace Lutheran
12:30p to 4:30p
22975 24th Ave S
DES MOINES

D57, D58 & D1 OCT 24

Details Soon
EN ESPANOL SEATTLE

D25 Q4

Details Soon
ONLINE ONLY***

FIND ONE NEAR YOU!

What is CPC?

Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only***

PUGET SOUND CENTRAL SERVICE OFFICE ANNOUNCEMENTS

Members in our Districts 9, 10, 29, 43, 44, 45 and 54:

We are in desperate need of volunteers to cover daytime shifts to answer phones and sell literature here at the PSCSO. Go to <http://www.aavolunteer.com>.

Retail Store: 3640 S Cedar St S, Tacoma, WA 98409

Open Monday - Sunday 10 a.m. to 6 p.m. and sometimes until 9:00 PM.

Please call first to make sure the admin or a volunteer is here before coming. 253-474-8897

Administrator office hours are:

Tuesday - Saturday 10:00 a.m. to 4:00 pm

Administrator contact #: 253-503-6845

Email: csadmin@pugetsoundaa.org



AA Delegate's REPORT BACK

SERVICE IS HOW WE SHOW UP FOR ONE ANOTHER.

= TOGETHER WE CARRY THE MESSAGE. =

	DATE	AUGUST 30TH, 2026 SUNDAY
	TIME	2:00 PM to 6:00 PM
	LOCATION	Steilacoom Community Church 1603 Rainier At., Steilacoom, WA 98388
	WHO	All members are welcome! <i>Let's stay connected. Let's grow together.</i>
	BRING	Bring a snack to share! 



*Your Group's
VOICE MATTERS!*

Hear what happened.
Share what matters.
Support our fellowship. 

THE FOUNDATION OF OUR FELLOWSHIP



UNITY
We come together as one.



SERVICE
We serve others and our groups.



RECOVERY
We stay the course together.



SHARE
We listen and share what matters.



SUPPORT
We lift each other up in every way we can.



PURPOSE
We carry the message of hope.



**EVERY GROUP. EVERY VOICE.
ONE FELLOWSHIP.** 

PLEASE JOIN US FOR THE
DISTRICT 29

GRATITUDE BANQUET

November 14TH, 2026

- 4PM Doors Open
- 5PM Dinner
- \$30/Ticket
- Catered
- Dessert Potluck

FELLOWSHIP | FOOD | SPEAKER | RAFFLES



PUYALLUP ELKS

314 27TH ST NE PUYALLUP, WASHINGTON, 98372



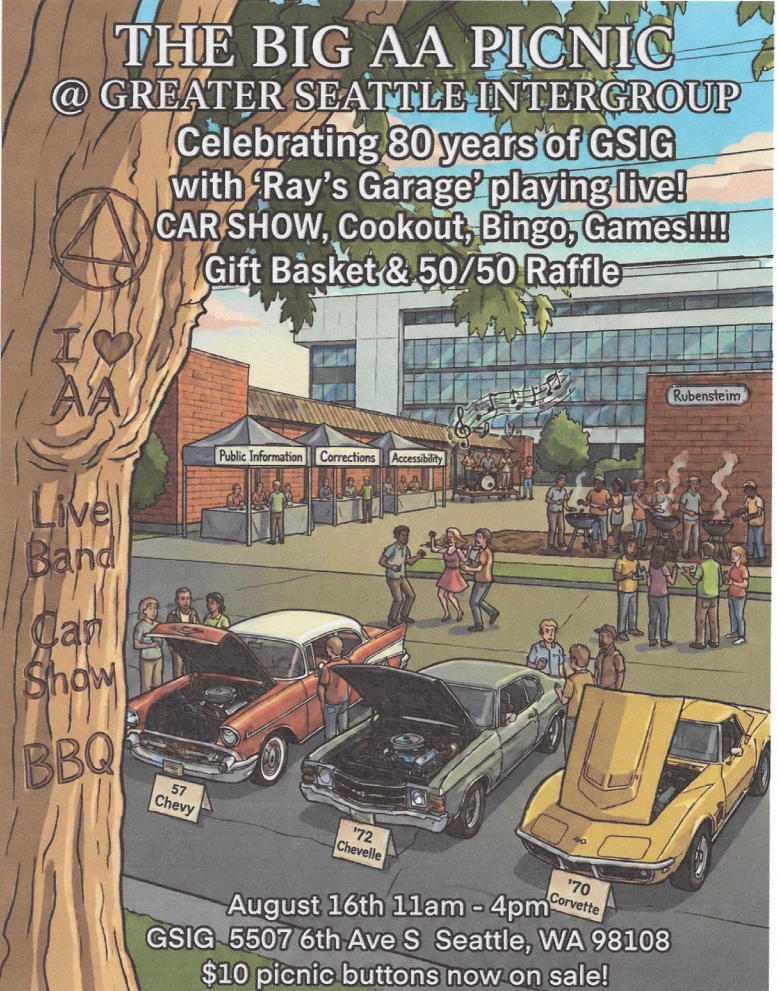
DISTRICT 32 ANNUAL PICNIC

Friends & Family Invited!
Burgers, hot dogs & fixins' provided. All groups are invited to donate a gift basket for the raffle!! Last name A-H bring a side dish, I-P bring dessert, & Q-Z bring drink!

 19 JULY 2026
AT 11:30 AM - 2:30 PM

 STEEL LAKE PARK
SITE 1 (COVERED)
2410 S 312TH ST,
FEDERAL WAY

**BASKET RAFFLE, 50/50 RAFFLE,
FOOD, FUN & FELLOWSHIP**



THE BIG AA PICNIC

@ GREATER SEATTLE INTERGROUP
Celebrating 80 years of GSIG
with 'Ray's Garage' playing live!
CAR SHOW, Cookout, Bingo, Games!!!!
Gift Basket & 50/50 Raffle

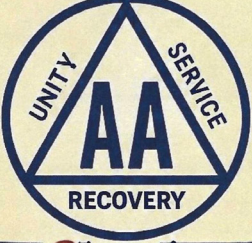
Live Band
Car Show
BBQ

August 16th 11am - 4pm
GSIG 5507 6th Ave S Seattle, WA 98108
\$10 picnic buttons now on sale!



DISTRICT 8 PICNIC

RAFFLE!



POTLUCK!
BRING A DISH,
SHARE & ENJOY!

Sunday
JULY 26, 2026
3:00 PM - 7:00 PM


802 DESCHUTES WAY SW
— at the —
TUMWATER
HISTORICAL PARK

**BURGERS &
DOGS
PROVIDED!**

Food, Fellowship & Fun for All!

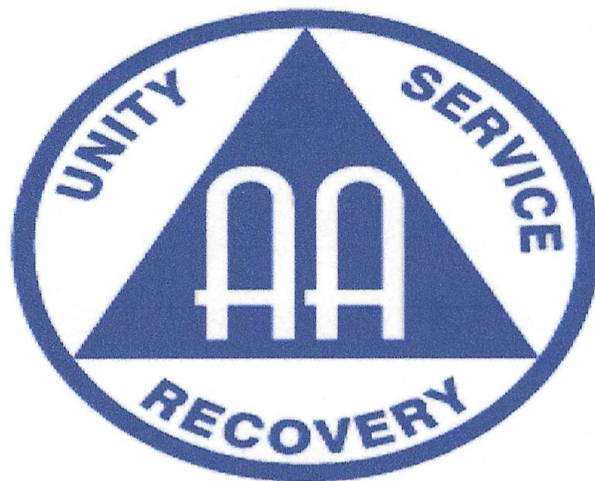
CONTACT: CHAZ GOWER | activities@aadistrict8.org

JOIN US FOR ANOTHER MEEKER CAMPOUT & POTLUCK PICNIC

When: August 7, 8, 9 2026

Where:

Camp Lakeview
32919 Benbow Dr. E
Graham WA, 98338



Camping

\$60-WEEKEND Per Tent
\$10 extra tent (\$80 w/o
pre-registration)

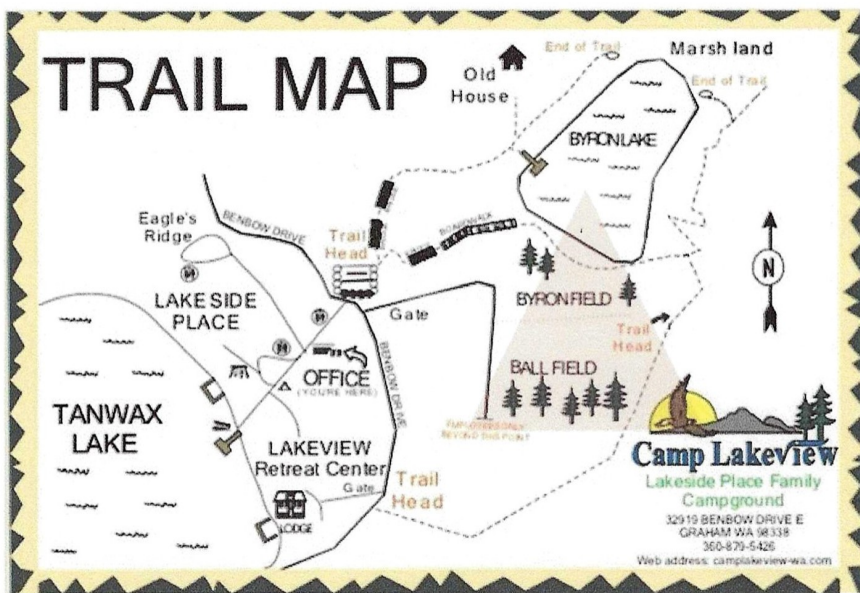
Friday check in noon
Sunday Check out 11am
\$10 Saturday picnic per
Person (No RV Hookups)

Friday Night

*7pm Chili cook off & Potluck
*Meeting at 8pm
*10pm campfire meeting

Saturday

*Meeting 6am 9am & noon
*6pm potluck
*7pm Speaker
*8pm Raffle, 50/50
*10pm campfire meeting



Activities

*Swimming
*Walking Trails
*Fishing
*Games
*Boating
(rentals available)

For more Info Contact:
Maria H (253) 468-7769
Luke F (253) 353-0855
Jenn A (425) 220-2725

St. Andrews
Episcopal Church
510 E Park Ave
Pt Angeles, WA

Pre-Assembly

Hosted by District 22

GSRs and all interested members, come and join the discussion as our Area Chair reviews motions and topics that will be part of the Area Assembly.

POTLUCK – Bring a dish!

August 15, 2026
10 AM – 2:00 PM

Virtual Pre-Assembly

For:

Virtual District 25 & Catch All

For GSR's in preparation for the upcoming 2025 Area Assembly

General Service
Representative



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Sunday, August 23, 2026

PDT: 11:00 am to 3:30 pm

HST: 8:00 a.m. - 12:30 p.m.

MDT: 12:00 p.m. - 4:30 p.m.

CDT: 1:00 p.m. - 5:30 p.m.

EDT: 2:00 p.m. - 6:30 p.m.

Meeting ID: 897 5424 1781

Passcode: Area72

Zoom Link:

<https://area72aa-org.zoom.us/j/89754241781?pwd=UnRBbNcsPslr3HCxI9ibiVxZ3U59vH.1>

Room Opens 15 minutes before

Questions? Please contact your DCM Jo G. at dc25@area72aa.org; or

Your Area Chair Derek S. at chair@area72aa.org

Area72 North Districts Pre-Assembly

Host Districts 2, 3, 4, 11, 12, 19, 24, 42 and 46

Sunday August 16th, 2026

10:00am to 2:30pm

The Pre- Assembly gives GSRs an opportunity to discuss, and understand the Motions, and Discussion Topics on the Agenda for the upcoming Area72 Assembly.



Mt Vernon Pud Building
1415 Freeway Drive
Mount Vernon WA 98273

This will be a Hybrid Event

Meeting id: 934 6898 3588 Passcode 586529

Be sure to bring your favorite finger food potlucky dish to share Yum!

Hosted by Districts

14, 15, 16, 17, 31, 32, 40, 41 & 42

PRE-ASSEMBLY

August 8th 11am-4pm

St Joseph Parish, 732 18th Ave E

Join us to learn about the background information for the motions and discussion topics on the Assembly agenda.

GSRs will have their questions answered so they are ready to carry the information back to their Groups for a discussion and to form a Group Conscience for the October Assembly.

Lunch break with Baked Potato Bar. Potatoes, toppings, and drinks provided by DCMs. Please bring a dessert to share if you can.

Questions? Please reach out to your DCM

dc14@area72aa.org, dc15@area72aa.org, dc16@area72aa.org,
dc17@area72aa.org, dc31@area72aa.org, dc32@area72aa.org,
dc40@area72aa.org, dc41@area72aa.org, dc42@area72aa.org

Members Page

From the Editor: This page was always for AA members to write something about their recovery. My Alt. Mary N will be taking over in August 2026 and I don't know if she'll keep this page or something like it, it'll be up to her as the new Editor. I have thanked those that sent items in to be printed. I do want to say I've enjoyed doing the newsletter. It's taught me many things in the AA realm. The biggest continuous thing is to stay humble. As an editor you can't work with everyone in the district and only have one opinion 'yours'. That's not how it works for us.

d29actionlog@pugetsoundaa.org. Please take a moment to enjoy these and share!

One of my favorite saying, quotes from th Pacific Northwest Conference

The Pacific Northwest Conference (PNC) 2026 in Vancouver, WA, what a great event. I have not heard a total of attendance yet but one day walking into the meeting room extra chairs lined the back wall. I'm asked a handful of people if they would share something they heard.

Here is a few favorite sayings from panel members, that a few attendees, wanted to share with you!

Delegate Courtney: "Unity doesn't mean we need to be alike but we need to walk together in service"

D54 PI Chair - Collette F Love and Tolerance was in a lot of topics. She loved the "is it the truth?", "is it kind", "is it necessary". I forgot about the kind part - and that it's not always necessary. It's okay to let people be wrong and practice love and tolerance.

Alt. GSR Annie M - "AA moves at the speed of Trust and the quickest way to lose that Trust is with a sharp tongue"

GSR and Alt GSR Jill N- I learned more ways to talk to my homegroup members. To keep my personality aside.

I learned how to say thank you when someone is putting there personality first. Hoping to get more practice on these for myself.

D29 Newsletter Editor - Grace C Personally I heard the phrase "spiritual sandpaper" that I need to know more about.

But I think the one that stands out the most was when a speaker referred to someone saying "I don't feel ready". The next thing said was "being ready is an action not a feeling" "you don't have to be ready - you just have to be willing."

AA member Laura K-Someone said "I always understood the saying - Principles before personalties -to mean other peoples personalities until one day when she finally took the cotton out of her ears and put it in her mouth. And than heard it differently. Maybe it's my personality that had to come second to our principles" That resonated for me.

Thank you to the anonymous AA members for sharing on Tradition 7

"Every A.A. group ought to be fully self-supporting, declining outside contributions.

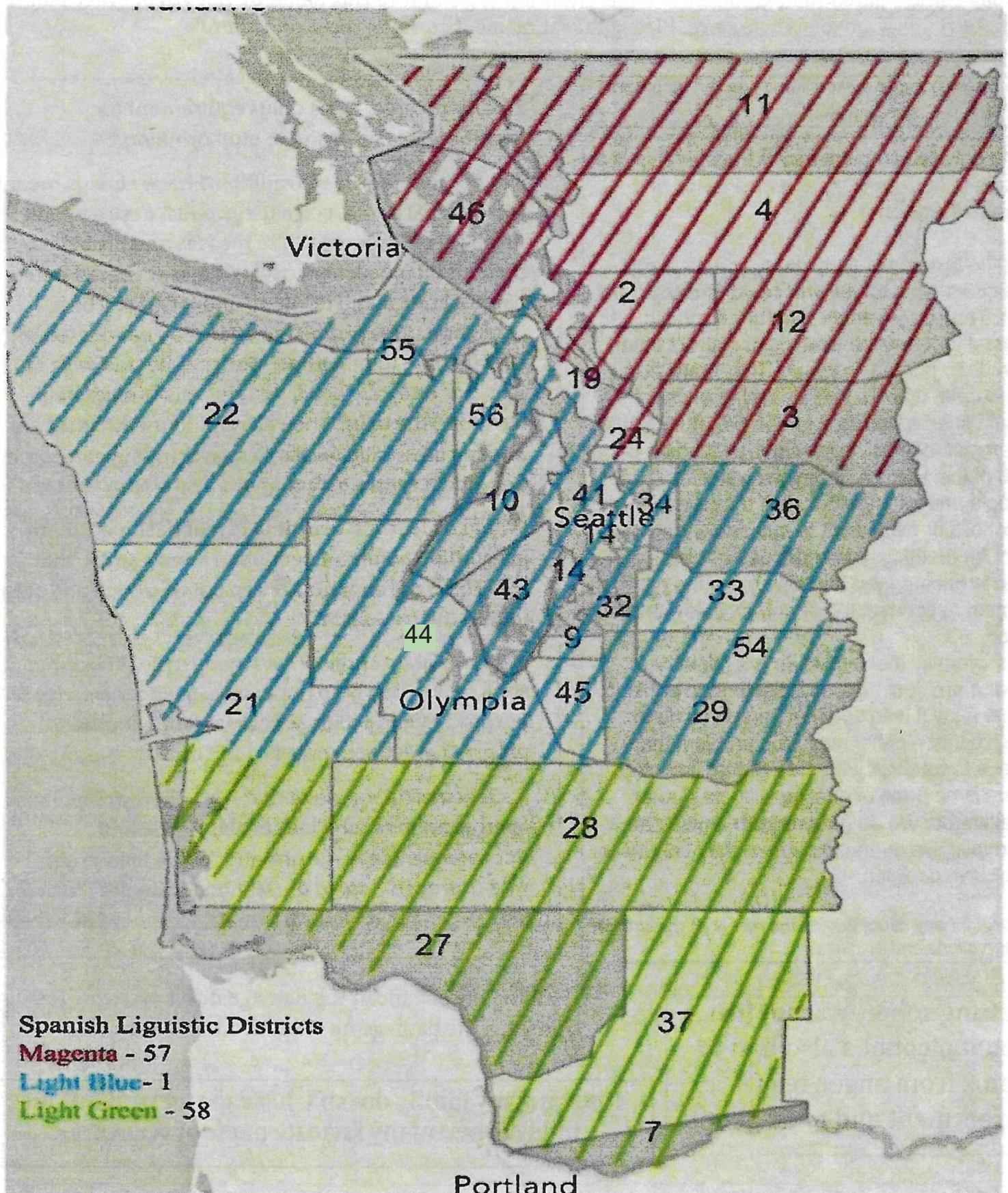
This tradition brings to mind the saying "Whoever pays the piper is apt to call the tune." In the case of our fellowship, we are the piper and we also call the tune. We are not owing to any individual donor or institution. Experience has taught us that this system best ensures our autonomy and integrity. One of Bill's early ideas was to raise money by soliciting outside contributions. With friends' help, he approached JD Rockefeller asking for a large sum of money. He hoped to get the new society up and running with this money. Bill and his small group of recovering alcoholics wanted to publish a book to help spread the word. Although quite impressed with Bill Wilson's proposal to help the still-suffering alcoholic, Mr Rockefeller originally declined saying "If we give these fellows real money it's going to spoil them and it will change the whole complexion." Eventually, he did give Bill a smaller amount that was used to cover expenses until book revenue and member contributions increased. In his way,

I think that Mr Rockefeller planted an early seed that would later grow into the 7th Tradition.

Except for direct quotes, the rest is the writer's observations and opinions.

Be the reason somebody believes sobriety is possible!

WESTERN WASHINGTON AREA 72 MAP



**We have 4 non- geographic districts - District 1, 57 ,& 58 are our 3 Spanish Linguistic Districts; District 25 is our Online District